



Phase 5 – Stepping Out

In the previous phases, you've taken incredible care with a divine invitation you've received to move toward something more. You've noticed the invitation's arrival and your response to it. You've considered what the invitation is asking you to leave behind, and you've scanned the road ahead for indicators of what awaits. Finally, you've considered what you'll stow in your traveler's pack for the road.

Now it's time to step out – to take those first few faltering steps beyond the threshold of your current dwelling place. This is the moment of your deeper yes.

But how do you begin? What is the first real step you're meant to take onto this new road?

Let's explore that possibility here.

1. In this moment, what do you think your first steps might look like for you?

2. Take a moment to imagine yourself at the other end of this new journey, having arrived where it's inviting you to go. What do you imagine your reality will look like then?

