



Phase 1 - The Invitation Arrives

It can happen so many ways – a jarring, unexpected event; a place of being stuck; a fall into desperation; a longing for more.

Sometimes it comes through subtle insinuation. A certain word keeps popping up, or a topic of conversation. You're watching a movie, and there it is again. You're reading a book, and there it is in front of you.

You can't help wondering if it's meant somehow.

And you can see how it might be. You're drawn toward its possibility in your life – but you're averse to it too. You don't know what it could mean or what it will ultimately ask of you, but you also can't shake its seeming intent just for you. It feels like an invitation whispered through cracks and crevices, seeping into your awareness through every spare opening it can find.

What would it be like to say yes to this invitation's call?

Let's explore that together now.

Pre-Naming

Before we can name and journey with a current invitation, we need to make space to notice its arrival. The following two questions will help you notice and then name the invitation that will be your companion through this journey.

1. Make a list of the invitations you're aware could be sitting in your mailbox – words that keep greeting you in unexpected places, an experience that dropped into your lap, a recurring sensation or emotion, longings that are stirring in your heart. Include anything that has taken your notice lately.

2. Now sit with the list. Perhaps pray for the eyes to see and ears to hear what you need to receive from it. When you're ready, name the invitation that carries the most energy and is propelling itself toward you with the greatest strength.

The Arrival

1. How have you been becoming aware of the arrival of this invitation on your life's doorstep? Describe the ways it has taken your notice.

2. What does this invitation seem to be asking of you?

3. In what ways might you need this invitation in your life right now?

